



Primary Newsletter



WELCOME

Dear students, parents and families,

Welcome to the February issue of the Primary newsletter. We hope that all our families have had a wonderful start to 2023 and are enjoying any and all opportunities that the new year brings.

This month's newsletter celebrates all our students and is filled with fun things to do at home, as well as providing tips and advice. We hope you enjoy reading it.

Best wishes,
Christine Armstrong, Head of Primary
christine.armstrong@wolseyhalloxford.org.uk



PARENT SURVEYS ON COURSES

Wolsey Hall is dedicated to improving and enhancing its courses.

We have introduced a parent survey at the end of each part of Year 1 & Year 2 English courses. This provides an opportunity for our families to give us their feedback, which will help us to improve and develop our courses. We are very keen to hear from our community of learners.

Following a trial period, we hope to add optional surveys to other courses too. Although there is no obligation to complete the surveys, your contribution would be gratefully received by the Primary team.



OPTIONAL END OF YEAR TESTS IN UPPER PRIMARY ENGLISH, MATHS AND SCIENCE



Near the end of each course in English, Maths and Science (Year 3 – 6) we will be introducing an optional end-of-year test.

For those families interested, it is an opportunity to identify areas of strength and areas for further learning. The tests will be available to download near the end of the course, and instructions will be given if you would like to use them under test conditions. There are four tests per year group; two in English, one in Maths and one in Science.

These tests will only be available to students enrolled on the relevant courses. There will be two marking options for the tests:

- Parent can download the mark scheme and mark the test at home.
- Parents can use our marking service if they would like a qualified teacher to mark a test and provide feedback.

Watch out for these new additions coming soon!

Hello!

STUDENT SHOUTOUTS

Each month we say 'HELLO' to some of our Primary students around the world. Keep working hard and making us, your family and yourself proud.

This month we are saying hello to:

Loudjaine, age 10, Algeria
 Keren, age 10, India
 Annabelle, age 9, Cambodia
 Bintang, age 7, Indonesia
 Maryam, age 12, Australia
 Gurudattan, age 6, India
 Alexander, age 9, Bahamas
 John, age 7, Indonesia
 Sara, age 10, China
 Ethan, age 7, Botswana
 Eden Melo, age 6, India
 Max, age 6, Cayman Islands
 Austin, age 10, Indonesia
 Alex, age 8, Czech Republic
 Ashmi, age 7, India
 Eucharist, age 11, Finland
 Ori, age 6, France
 Chandrapaul, age 9, India
 Victor, age 11, Ecuador
 Jack, age 9, France
 Olivia, age 9, India
 Rozi, age 10, Indonesia
 Kashin, age 12, Japan
 Kin, age 11, Ireland
 Luca, age 10, Rwanda
 Anes, age 7, UK
 Talha, age 11, Saudi Arabia
 Jhaswin, age 11, Singapore
 Dihyah, age 8, UAE
 Noa, age 10, UK
 Meryema, age 7, Serbia
 Tyler, age 12, UK
 Henry, age 10, Thailand
 Maximilian, age 7, UK
 Reema, age 9, Turkey
 Luke Joseph, age 8, UAE

Austin, age 12, Italy
 Yi Sze, age 10, Malaysia
 Anneke, age 10, Japan
 Johannah, age 7, Philippines
 Nathan, age 11, Kenya
 Emma, age 10, Romania
 Genson, age 11, Malaysia
 Lily, age 10, Kuwait
 Nelia, age 10, Latvia
 Brahm, age 5, Malaysia
 Vladimir, age 8, Romania
 Dave, age 11, Kenya
 Ashraf, age 10, Malaysia
 Chimela, age 10, Philippines
 Natalya Jay, age 9, Malaysia
 Isabela Andra, age 9, Romania
 Immaculate, age 8, Namibia
 Sasha, age 11, Netherlands
 Rifa, age 8, Oman
 Khansa, age 7, Pakistan
 Copper Lulu, age 7, Philippines
 Liia, age 12, Portugal
 Zayn, age 9, Qatar
 Maia, age 8, Romania
 Aliya & Ali, age 8, UAE
 James, age 7, Thailand
 Chloé, age 11, Switzerland
 Lorelei, age 7, Spain
 Jared, age 11, South Africa
 Lea, age 7, Slovakia
 Izandri, age 10, Saudi Arabia
 Anastasia, age 6, Romania
 Astrid, age 8, Portugal
 Kali, age 6, Philippines
 Dylan, age 9, New Zealand
 Evangeline, age 10, UK

JOIN THE PRIMARY CLUBS

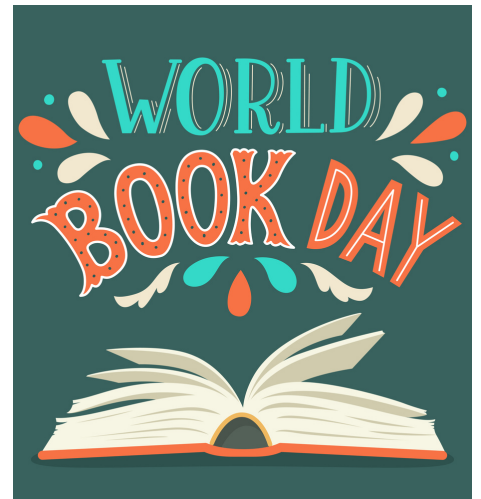
The February student club challenges are well underway but there's still plenty of time for your child to get involved.

Check out this month's Parent Spotlight on page 8 for full details on how the clubs work and how to participate.

WORLD BOOK DAY

World Book Day will be celebrated on Thursday 2nd March and we're inviting all Wolsey Hall students to join in with the celebrations!

We know many Wolsey Hall students love reading. If your child is dressing up in costume for World Book Day, we would love to see photos that we can share in the Community. Email them to: danielle.hilton@wolseyhalloxford.org.uk



INTERNATIONAL LEGO DAY

International LEGO Day took place in January and we know there are many LEGO fans at Wolsey Hall.

We invited students to send in photos of their best builds and they didn't disappoint! Remember your child can take part in our monthly LEGO club too.



Asmit,
Year 6, India



Maximilien, 7, Bulgaria



Nickel,
age 9,
Philippines

COPING WITH DIFFERENT FEELINGS

Feelings are very important, and they are a part of everyone. There are lots of different types of feelings. Sometimes we feel happy and sometimes we feel sad. These are just two examples of our feelings.

We can all feel angry, sad or lonely. If you are feeling any of these things, it's important to recognise that. Some feelings are easier to deal with than others. When things feel difficult, it's sometimes hard to cope. Learning to cope with these feelings in a positive way can help you live a healthier and happier life. There are many ways of coping with these feelings.

Talking

Talking can help! Express your feelings and thoughts by talking with someone you trust.

Physically

Let your body help you express your feelings by taking some physical activity. The physical activity should be positive and non-harmful towards anyone else. Some ideas are going for a walk or run, squeezing a stress ball, singing and dancing, playing a sport, doing some chores or even crying.

Creatively

When you can't find the words, try to express your feelings by drawing, painting or colouring, writing a story or starting a diary, making a scrapbook or playing an instrument.



Relaxing

Help your mind and body to refocus by trying some deep breathing, meditation, mindfulness or muscle relaxation.

Comforting Yourself

Try to calm or soothe your emotions by cuddling a pet, pillow or toy, having a bath or shower or listening to your favourite music.

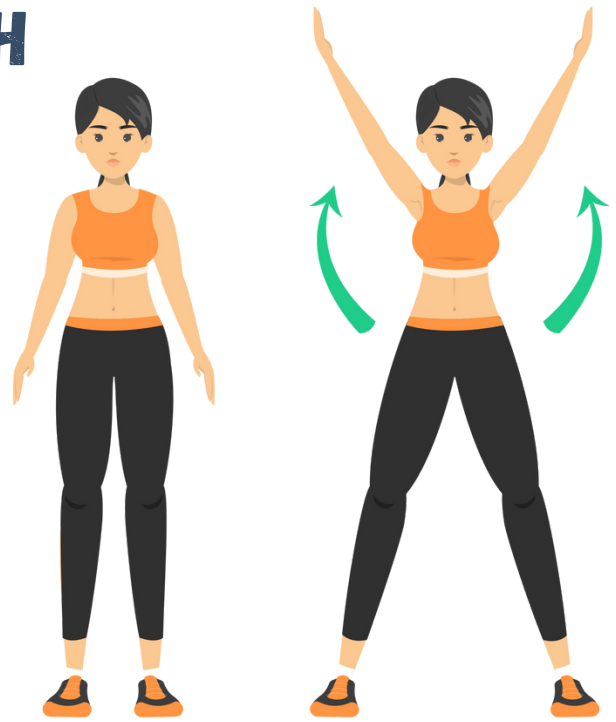
Distracting Yourself

If your emotions are too strong to express in other ways, try to distract yourself by watching TV or a movie, look up funny videos, do something you enjoy, play a game, learn something new, or hang out with friends.

CHALLENGE OF THE MONTH

Star Jump Challenge!

Let's get active in 2023. Your challenge is to do 100 star jumps (also known as jumping jacks) every day for 30 days. You don't need to do all your star jumps in one session – you can space them out throughout the day. Perhaps do 20 star jumps each session. If you miss a day, don't give up. Just continue the next day until you have done 30 days of star jumps in total. Good luck!

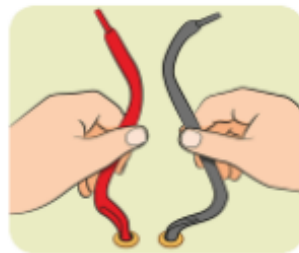


LIFE SKILLS CORNER

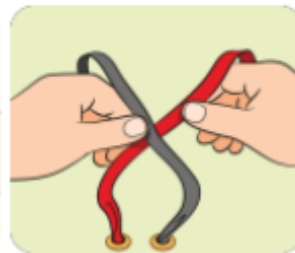
Everyone should know how to tie a shoelace or other items that need securing with a knot and are easy to untie when you need to.

Follow these instructions to learn how to tie your shoelaces. There are different methods that can be used; this is just one way known as the 'bunny ears' way.

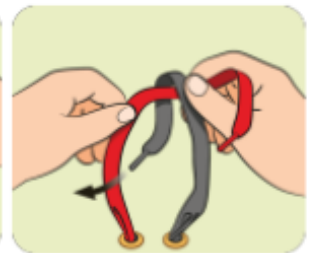
How to tie shoelaces: making the first knot



Tying shoelaces is an important part of getting dressed. The 'bunny ears' method is one way of tying shoelaces. The first step is to take a shoelace in each hand.

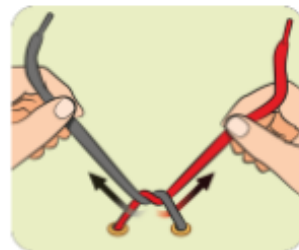


Cross the black lace over the red lace halfway up the laces.

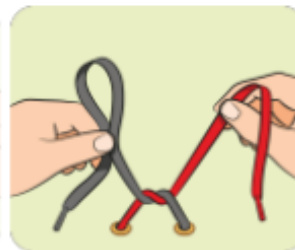


Take the end of the black lace and put it over the red lace. Now poke it underneath the red lace.

How to tie shoelaces: making the 'bunny ears'



Hold on to the ends of the red and black laces and pull tight. The cross should now be close to the shoe.



Take the black lace and make a small loop, or 'bunny ear'. This black bunny ear should have a long tail.

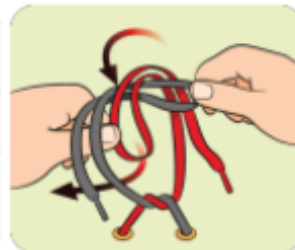


Take the red lace and make a small loop, or 'bunny ear'. This red bunny ear should have a long tail.

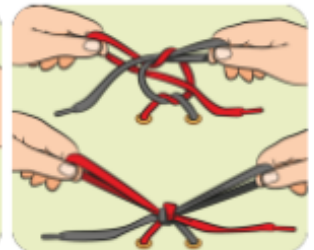
How to tie shoelaces: tying the final knot



Cross the middle of the black bunny ear over the middle of the red bunny ear.



Take the top of the red bunny ear and put it over the black bunny ear. Now poke it through the hole.



Put your fingers inside the ends of the bunny ears, then hold on and pull tight. You've now tied the loops in a knot. The shoelaces are tied.

FAMOUS HOMESCHOOLER OF THE MONTH

Prolific Austrian composer Wolfgang Amadeus Mozart, born in 1756, was homeschooled by his father.

Mozart began playing music for audiences aged 6, and he spent much of his childhood touring Europe and performing. His father continued tutoring him in music and other school subjects while they were on the road. Wolsey Hall have many students, like Mozart, wrapping their education around their extraordinary talent in areas such as sport, music and performance.



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LOG IN



Wolsey Hall is not affiliated to this site.

HOW TO PARTICIPATE IN STUDENT CLUBS

Our student clubs are open to all Wolsey Hall Primary homeschoolers.

When your child enrolls, they are assigned the 'Primary Community' course on Canvas which details all the clubs, their monthly themes and Show and Tell details (if relevant) along with information about the virtual library, competitions and Primary parent forum.

Your child is very welcome to join in with just one club or all of them. There is no obligation to participate each month or register their interest. Simply take a look at the month's challenge to see if they wish to give it a try. Once they've completed it, take a photo and email to us. You'll then receive a reply letting you know it has been added to the Community.

Club Show and Tells

Art, Books, Chess and LEGO® all have monthly meet-ups with the club leaders who are Tutors at Wolsey Hall. These sessions are a maximum of 30 minutes and are very relaxed. They give students the opportunity to meet with their peers and share their creations and ideas, or children can simply watch and listen if they prefer.

You will find the Zoom links and passwords on the relevant club pages. Just come along on the day if you're free. All we ask is that a parent is present in the room with our Primary students.

All of our clubs are free to participate in so look out for the notifications coming through on Canvas!



Art Club



Book Club



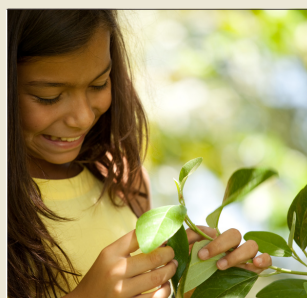
Chess Club



Cookery Club



Creative Writing Club



Eco Club



LEGO® Club



Photography Club

COMPETITION

We have kicked off 2023 with a magical competition for Primary students!

We are inviting you to create your own magical world! Perhaps your world consists of magical creatures and characters we already know about or you could create your own. This is an opportunity to really use your imagination and let your creativity come to life.

You could build your world from LEGO, clay modelling, recycling items/junk modelling, natural materials - there are many possibilities, and the choice is completely yours!

There will be one winner from Lower Primary and one from Upper Primary, who will receive a Wolsey Hall hoodie. Full details on how to enter can be found on the Primary Community site.

COMMUNITY SUPPORT

We have Wolsey Hall students in over 120 countries. Are you making the most of our opportunities to connect with other homeschooling families worldwide?

Have you joined our parent forum? This platform is specifically for parents of Primary aged students and is a space for you to connect with each other, share tips and advice. You can [sign up here](#).



Our Primary Level Parents [Facebook Group](#) is a private group to connect with other families, share ideas and information. Have you joined yet? You may also like to follow our [Facebook page](#).



Our [YouTube channel](#) is full of videos from students and their families who are sharing advice and tips for successful homeschooling.



We often feature our students achievements on our [Instagram](#). Why not follow and engage with us there too?