



# Primary Newsletter



## WELCOME

Dear students, parents and families,

Welcome to the Primary newsletter. We have a busy few months coming up at Wolsey Hall as we welcome new families and see many of our Primary students moving up to the next level, as well as those transitioning from Primary to Secondary homeschooling. Although families can join Wolsey Hall at any time of the year, we do have students who work to the traditional June/ July/ August/ September transition of moving to the next level of study and this makes the next few months particularly exciting. It is a joy to see the success of our students as they complete their courses and move on to the next challenge. Well done to all our students who are completing their courses at the moment.

This month's newsletter celebrates all our students and is filled with fun things to do at home, as well as providing tips and advice. We hope you enjoy reading it.

Best wishes,  
Christine Armstrong, Head of Primary  
[christine.armstrong@wolseyhalloxford.org.uk](mailto:christine.armstrong@wolseyhalloxford.org.uk)



# WHAT'S NEW

Our Primary International History homeschooling course covers the requirements of the Key Stage 2 English National Curriculum over four years and has an international outlook covering history from around the world.

The International History course will fire up your child's curiosity about the past in the wider world. It plays an essential part in preparing children for living and working in today's world.

Throughout the course students will research, use evidence, and argue for their point of view – all skills that are valued in adult life.

This course will help your child to:

- Gain an understanding of events, places and people in different times and environments.
- Develop an interest in the past and an appreciation of human achievements and aspirations.

- Understand how the past was different, how people of other times and places had different values and attitudes.
- Develop the skills to interpret primary and secondary source material.
- Distinguish between historical facts and their interpretation.

Key Topics covered:

Year 3: Indus Valley, Dinosaurs, London in the past.

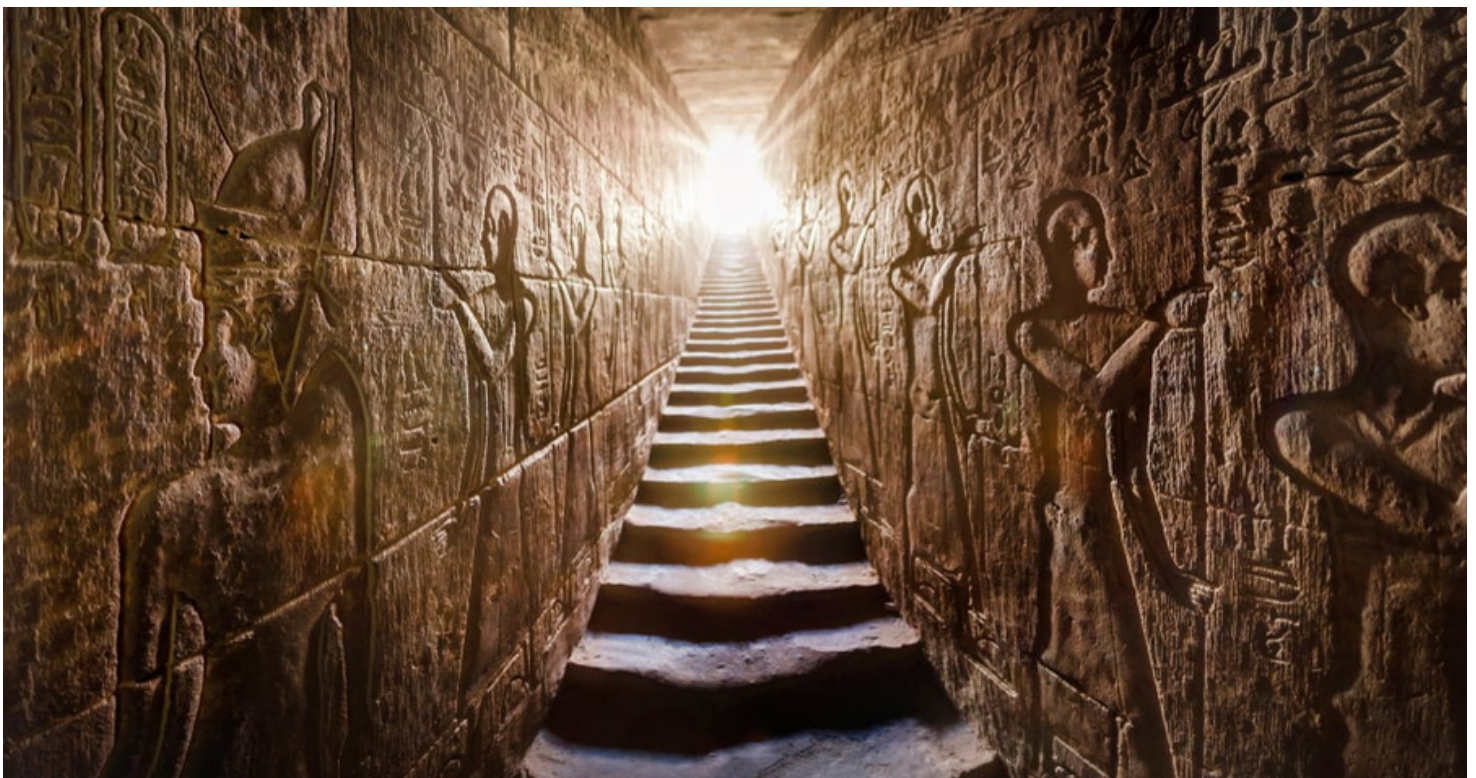
Year 4: Shang Dynasty, World War II, Benin.

Year 5: Ancient Greeks, Ancient Sumer, Mayan Civilisation.

Year 6: Ancient Egypt, Early Islamic Civilisation, Local History Study.

This course lays the foundations for children to transition smoothly to our Secondary International History courses.

To find out more please speak to your Student Progress Manager.



# WHAT'S NEW

## Years 5 & 6 Skills for Life course launches.

Our Year 5 and Year 6 Skills for Life courses help children to develop the qualities they need to be healthy, happy and active participants in society. They will develop their emotional agility so that they better understand, accept and are able to work through difficult emotions. They will also learn about the wider world, developing their citizenship skills, encouraging them to care for their world and to reach their own full potential.

These courses also include regular mindfulness activities for young children. These activities are designed to develop the skill of focussing their awareness on the present moment.

The course will help your child to:

- Develop a positive outlook and a 'can-do' attitude.
- Develop resilience and perseverance skills.
- Work well as part of a team by developing their thinking and communication skills.
- Understand ways to cope with anxiety and unhealthy relationships.
- Develop their ability to be assertive in a positive and helpful way.
- Develop their self-confidence and self-esteem.

For further information please visit our [website](#) or speak to your Student Progress Manager.





# STUDENT SHOUTOUTS

Each month we say 'HELLO' to some of our Primary students around the world. Keep working hard and making us, your family and yourself proud.

This month we are saying hello to:

Dylan, age 11, Philippines	Braydon, age 11, Saudi Arabia
Eli, age 10, Indonesia	Hasan, age 9, Bahrain
Elina, age 9, India	Leonardo, age 10, Tanzania
Giselle, age 9, USA	Ely, age 10, Mauritius
Harriet, age 10, Ireland	Salma, age 8, Jordan
Harrison, age 10, Luxembourg	Shakira, age 9, UK
Ira, age 9, UAE	Mansour Darius, age 7, Romania
Jacob, age 12, Malaysia	Ilaria, age 7, Australia
Lincoln Martin, age 11, Philippines	Olivia Natasha, age 7, Romania
Laura, age 10, Lebanon	Sybila, age 8, Spain
Victor Gabriel, age 10, Ecuador	Alejandro, age 9, Panama
Anrich, age 9, Malaysia	Alya, age 8, Canada
Tarab, age 9, Bahrain	Hassan Henry, age 8, Malaysia
Maria, age 6, Romania	Zaidi, age 8, Turkey
Jasmine, age 9, UK	Malaika, age 7, Zambia
Maeva, age 7, Mauritius	Kaavin, age 9, Singapore
Zacharias, age 9, Mozambique	Bara Zgard, age 8, Indonesia
Hana, age 11, Saudi Arabia	Thanakorn, age 8, Thailand
Spencer, age 10, UK	Israel-Blu, age 7, UK
Mia, age 8, Tanzania	Kevin, age 6, Ghana
Timijan, age 6, New Zealand	Marley, age 6, Indonesia
Asmi Amol, age 11, India	Rajvir & Ranjini, age 7, UK
Sakurako, age 10, Japan	Yousif, age 5, Saudi Arabia
Lily, age 9, UK	Anonpat, age 7, Thailand
Nirali, age 11, India	Yasmeen, age 11, UAE
Ren, age 9, Indonesia	Rane, age 7, UK
Lyric, age 8, UK	Syed Abdullah, age 11, Pakistan
Ibrahim, age 11, Egypt	Callista, age 10, Indonesia
Julian Alaric, age 6, UAE	Jack, age 8, Indonesia
Alexandru, age 6, Germany	George, age 12, UK
Parth, age 9, India	Mischa, age 9, Indonesia
Josephine, age 9, Fiji	Layan, age 10, Saudi Arabia
Namu, age 10, Netherlands	Theuns, age 6, Mozambique
Taiyari, age 9, Canada	Lorelei, age 6, Spain
Hamza, age 8, Egypt	Karthik Bharadwaj, age 10, India
Chakorn, age 7, Thailand	

# JULY CLUB CHALLENGES

With summer holidays fast approaching here in the UK, many of our students will be taking time off from their studies for a break.

Our clubs will still be running though so if your child is looking for an activity to do, encourage them to visit our Primary Community site.

The challenges for July are:

**Art:** How to make origami frogs that really do jump!

**Books:** Bookworms are meeting to discuss "Beetle Boy" this month.

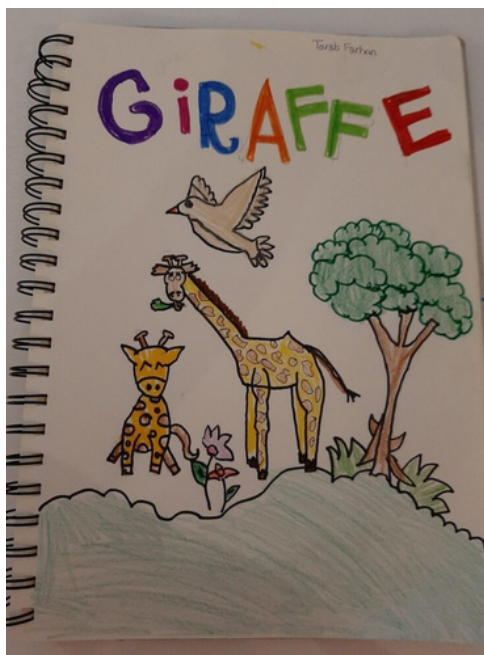
**Cookery:** Can you make puff pastry windmills?

**Creative Writing:** Imagine your favourite toy came to life! What would a day in their life look like?

**LEGO:** Aliens are invading. Can you build a robot to defeat them?

**Nature:** We're having a go at making a kitchen scrap windowsill garden.

**Photography:** Get dressed up and take a selfie!



Tarab age 10 from Bahrain was one of many students to join in with Art Club in June.



James age 6 from UAE practised using his camera's zoom in Photography Club.



Alexander in Year 5 took on the challenge of building a bridge in LEGO Club.

# STUDENT SPOTLIGHT

Kingsley, age 10, from the UK is the first student to complete our Wolsey Hall Young Scientist Award and send through his evidence!

The Wolsey Hall Young Scientist Award (WHYS) is available to any student enrolled in Year 5 or Year 6 Science. It includes a series of scientific investigations to complete at home. You have a passbook to complete as you go, which you then email to our Science Lead to look through. Successful students receive a WHYS Award certificate - a great addition to your evidence of successful engagement with learning.

Kingsley sent us some wonderful photos of his science investigations and had a great time completing the different challenges. We are very proud of Kingsley and his achievements. Well done, Kingsley, you are a great inspiration to others and a fabulous scientist!

If you are studying Year 5 or Year 6 Science courses, be sure to check out the WHYS icon on the course. Happy investigating!



Investigation 7: Make a Compass



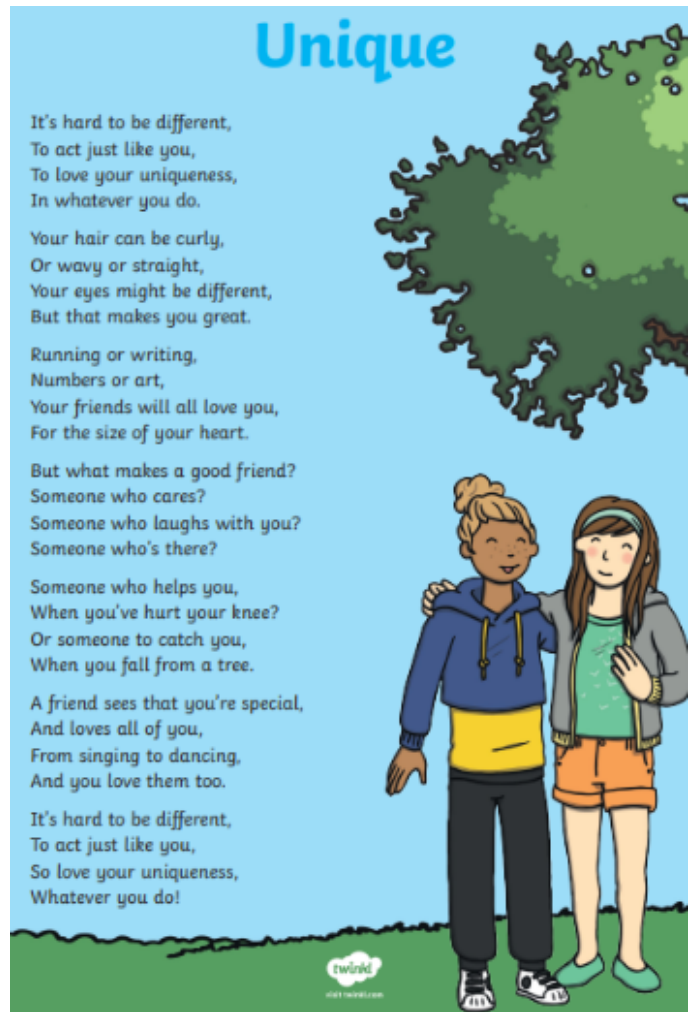
Investigation 6: Solar Ovens

# YOU ARE AWESOME!

Every single student studying with Wolsey Hall is unique, special, and awesome!

We are all individuals who look different from each other, have different hobbies from each other, and have different subjects that we love and those that we find challenging.

We have different personalities and characteristics from one another, and we all live in different ways around the world, with different habits and traits. However, the one thing that all our students have in common (apart from studying with Wolsey Hall) is that they are all fantastically unique, and brilliant! Don't forget how amazing you are.



# CHALLENGE OF THE MONTH

Can you complete the Sudoku challenge by adding the correct numbers to each small square?

Rules:

- Rule 1 - Each row must contain only one of each digit
- Rule 2 - Each column must contain only one of each digit
- Rule 3 - Each square (in bold containing 4 smaller squares) must only contain one of each digit.

The answer will be in next month's newsletter. Good luck!

		<b>1</b>	
<b>4</b>		<b>3</b>	
<b>1</b>			
		<b>2</b>	

# LIFE SKILLS CORNER

## How to grow green onion from waste!

Now here is a life skill we should all know. Did you know you can grow more green onions from the waste that you don't use from the onion? Green onions are also known as spring onions and scallions. When we eat green onions we usually prepare them by cutting off the root and peeling the outer layer of the onion. Instead of throwing the roots away why not grow more green onions to eat in the future? This saves money, saves time and will wow your friends!

Here's how to do it:

1. Cut off the bottom part of the green onion leaving some of the white part of the onion along with the root attached (about 5 cm).
2. Place your onion roots facing downwards in a clear glass jar and add enough water to cover the roots.
3. Place your onion jar near a window so that it gets plenty of sunshine and wait for the growth to begin. Green onions grow very quickly! You should start to see growth within a few days, and they will grow to the size they were when you bought them!



If you are keeping your green onions in the jar for a while, be sure to change the water every week. You can repeat this growing process a few times with your onions, and you can also transfer them to a pot with some soil in it if you prefer, once they have started growing.

There are lots of things you can grow from the waste that we throw away.

What about these? Give it a go!

- Celery
- Lettuce
- Carrots
- Leeks
- Onions
- Herbs
- Pineapples



Why not give this a go as it's the same challenge we're setting you in Nature Club this month? You can then send photos of your efforts in to [danielle.hilton@wolveyhalloxford.org.uk](mailto:danielle.hilton@wolveyhalloxford.org.uk) and they will be shared in the Nature gallery on the Primary Community site.



# FAMOUS HOMESCHOOLER OF THE MONTH

Did you know that homeschooling has been around for a long, long time and that many famous people have been homeschooled?

As a homeschooler you are in good company! In each newsletter we will share a famous homeschooler with you. Some you may know and some you may not. Your challenge is to find out more about any homeschooler that we mention that you don't know very much about!

We start with two sisters who are well known for the competitive sport they participate in. This month, the Wimbledon Championships have taken place in London, so we begin with two homeschoolers that are famous in the sport of... tennis!

Serena and Venus Williams were both homeschooled to give them more time to practise and improve their tennis skills. Being homeschooled gave them the flexibility to wrap their education around their other goals and aspirations - I am sure you agree that this paid off!



## RESOURCE CORNER

Animals, animals, animals!

Do you love animals? There are so many incredible animals on earth and so many interesting facts to learn about them. [A-Z Animals](#) has everything you need to know, and you can browse through all the fascinating facts on the site, or search for a specific animal to learn more about them.

### Animals!

Discover cute, wild, and weird animals using the search bar below, or scroll to see popular animal lists!

See them all!

**Discover Different Types of Animals Today**

A-Z Animals is the world's most trusted online animal encyclopedia. If you want cute animals, types of wild animals, exotic pets, weird animals or are looking for comprehensive pet guides for dogs and cats, you'll find it here!

We believe that if people know more about the world's creatures they will better care for them. That's why we add new animals for you to discover – each and every day! Learn about any animal using the search box below or [subscribe to our YouTube Channel](#). Also be sure to check out our growing list of [Animal Quizzes](#) and [Web Stories](#).

# IDENTIFYING SIGNS OF ANXIETY IN CHILDREN

Identifying the signs of anxiety in children is not always a straightforward task.

While a certain amount of stress and anxiety is a normal part of life, if you notice that your child doesn't seem to be coping, you need to step in and help.

Firstly, if your child is not forthcoming about the fact that they are feeling overwhelmed by school, or anxious about life in general, it's important to recognise the signs that they may need support.

Common signs of stress or anxiety include:

- Becoming withdrawn and irritable
- A lack of motivation or desire to complete tasks, particularly schoolwork
- Appearing to be anxious and on edge
- Not wanting to socialise
- Having difficulty concentrating
- Experiencing headaches and stomach cramps
- A change in sleeping pattern (for example, staying up later at night and getting up later in the morning)

The positive news is that there are things you can do to help and reassure them. Our [blog](#) on our website details five ways you can approach the subject.

If your child is experiencing anxiety related to their studies, remember you can contact our [Learning Support Team](#) who have a range of services to help them and you.



## NEW COMPETITION

Our new competition has launched!

We're asking students "What have you most enjoyed doing in your Wolsey Hall course?" This could be anything from any course they are studying with us.

We'd like students to get creative and tell us in a video that we can use on our [YouTube channel](#).

One Primary winner will win a £50 voucher with the runner-up receiving a hoodie. Closing date is Friday 16 September.

For more details please visit the [Primary Community site](#).



## COMMUNITY SUPPORT

We have Wolsey Hall students in over 120 countries. Are you making the most of our opportunities to connect with other homeschooling families worldwide?

Have you joined our parent forum? This platform is specifically for parents of Primary aged students and is a space for you to connect with each other, start discussions, share tips and advice. You can [sign up here](#). We have over 150 parents registered on the forum so far, so why not get chatting?



Our Primary Level Parents [Facebook Group](#) is a private group to connect with other families, share ideas and information. Have you joined yet? You may also like to follow our [Facebook page](#).



Our [YouTube channel](#) is full of videos from students and their families who are sharing advice and tips for successful homeschooling.



We often feature our students achievements on our [Instagram](#). Why not follow and engage with us there too?